



# Newsletter

Serving the New York communities of Cicero, Clay, Bridgeport, Brewerton and North Syracuse in the Town of Cicero, as well as areas surrounding the South Shore of Oneida Lake.

This newsletter is published for Members of the Greater Cicero Chamber of Commerce June 2018



## What's Inside

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JUNE EVENTS



MAY HIGHLIGHTS

GRAND OPENING  
CAM'S PIZZERIA

ACTIVE SHOOTER  
TRAINING



## *Letter from the President*

It's festival time! What better way to kick off the summer than to celebrate with your community. Here is a timeline of events for the day....

**Friday, June 8th ~ 6 to 10 p.m.**

*Dance to the sounds of*

**The Causeway Giants**

**Wine • Beer • Food**

**Saturday ~ June 9th ~ 11:30 a.m. to 11 p.m.**

**6 to 10 p.m.**

**Brass Inc**

**11:30 a.m. - Parade**

**Noon to 10 p.m. - Festival hours**

**10 p.m. - Fireworks display**

I hope to see you on June 8th and 9th at the festival!

*Carolyn M Postell*



315-960-3218

letstalk@cleanandsqueaky.com

# ENERGY LOUNGE

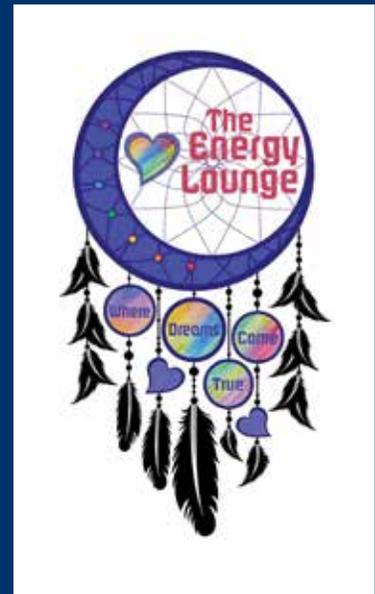
An answer to a prayer came in 2006 in my first healing session, allowing me to release a lifetime of hurts, disappointments and things I believed that kept me from being the best version of myself during a Mother/Daughter trip to Bar Harbor, Maine. A year later the opportunity to enroll in a coaching program helped overcome my fear of speaking in public; bringing out what I believed to be my best attributes and to release many other limiting habits that contributed to a life that wasn't one I lived easily. As I was working on myself in this manner I was introduced to Reiki, only then to connect what some of the experiences I had in Maine were attributed to. The combination of all these gifts, coupled with my faith in something bigger than myself, changed and saved my life. Not saved in the sense that I wasn't going to be here any longer; saved me in the sense that I learned to let go of things I held onto so tightly, not ever allowing me to reach for bigger and better things, starting with loving myself.

In 2013, a path and doorway opened itself to me, allowing me to open The Energy Lounge in Baldwinsville, NY. In 2017, after 4 wonderful years, things shifted taking me away from my work and closing my business; also being offered the opportunity for more personal growth, healing and a deeper level of understanding my "whys". During this time I didn't know what my purpose was anymore and felt lost yet knew everything happened for a reason or reasons. From there I kept healing, moving forward yet unsure of where I was headed. In February of 2018, my puppy and I had a near death experience that showed me I still had a purpose, reason for being here and that propelled me into taking action, following my heart, my guides, and having honest conversations with myself; all leading me to Great Northern Mall and reopening "The Energy Lounge."

The gifts bestowed upon me over the past 10 + years of my lifetime and especially these past few months have allowed me to create a space that is meant to be supportive for all that cross our threshold, find us, reach out and are looking to answer their "whys" or to live their best lives. The Energy Lounge is created with a love, peace and gentleness that support each person's uniqueness, heart and self-growth. We offer sessions, teach Reiki Certification classes, guided readings and intuitive paintings. We also have a variety of tools such as crystals, jewelry, incense, salt lamps and other holistic and metaphysical pieces, each infused with love and positive energy.

We are located at the Great Northern Mall, across from Christopher and Banks, on Route 31 in Clay, NY. Our hours are Monday – Saturday, 10 a.m. to 9 p.m. and Sundays 11 a.m. to 6 p.m. You may join us on Facebook, MeetUp.com or simply by calling 315-409-4987 or texting 315-876-0014. We look forward to meeting you and we send an abundance of love and gratitude.

For chamber members, we are extending our May special for a mini 15 minute reiki session or guided reading for \$20 each.



# RANDALL BARNARD

For those of you who have uncertainty regarding joining or becoming more active in the Greater Cicero Chamber of Commerce, I can certainly relate. When I began my position as Branch Manager for the Cicero Office of Pathfinder Bank, I will admit I had reservations about becoming more active in the Chamber.

The key question was, “Will I have enough time to juggle my work responsibilities along with the Chamber’s?” is what I asked myself. That may be the question you are asking yourself right now. After some brief inner-deliberation, I decided to make the “leap of faith” into the Chamber and the decision was one of the best I have made in my career.

Some of you may ask, “Well, why do you say that Randy?” Here are just a couple of reasons why:

1. I have met and continue to meet some fantastic people during my time at the Chamber and my involvement has created some great networking opportunities both personally and professionally.

2. My involvement in the Chamber has assisted in my professional development; giving me opportunities to step out of my “comfort-zone” and gain valuable experience in certain areas such as speaking in public.



Have you swayed yet? What if I told you how excited I am about the Chamber’s future? We have added some fantastic new people to the team, all with fresh ideas and an open-mindedness that is needed to grow in an ever-changing world. We have also created an Ambassador

Committee, which we created to help grow/retain membership and celebrate business in the Cicero area through events such as Grand Openings/Ribbon Cuttings, Anniversaries, etc.

We are always looking for ideas on how we can assist you and create more value in your membership so if you have any thoughts/ideas, please let us know. We are here to work for you!



# May Events Highlights



The 2018 Greater Cicero Chamber



# CICERO FEST

presented by



**DRIVER'S  
VILLAGE**

*Friday* **JUNE** *Saturday*  
**8 & 9**

**FOOD  
&  
DRINK!**

**Friday, June 8th ~ 6 to 10 p.m.**

Dance to the sounds of  
**The Causeway Giants**

Wine • Beer • Food

**KIDS  
FUN  
ZONE**

**Saturday ~ June 9th ~ 11:30 a.m. to 11 p.m.**

**6 to 10 p.m.**

**Brass Inc**

**11:30 a.m. – Parade**

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**8229 Brewerton Road (Route 11) Cicero**

(Behind Sacred Heart Church)



# Our Mission

The Greater Cicero Chamber of Commerce serving the New York communities of Cicero, Clay, Bridgeport, Brewerton and North Syracuse in the Town of Cicero, as well as areas surrounding the South Shore of Oneida Lake. The Mission of the Greater Cicero Chamber of Commerce Is Where Community and Commerce Meet!

The Greater Cicero Chamber of Commerce enhances economic growth of the Cicero area by focusing on education, promotion and development of the business community and those areas of the community affecting business.

Our primary goals are to strengthen our local economy, to promote the community, provide networking opportunities, represent the interest of business with government and develop community leaders. Neither our mission, nor any of these goals can be met unless we partner with you to make our town's future brighter.

Your business could benefit from becoming a Greater Cicero Chamber of Commerce Member. For more information, please call (315) 699-1358, email [info@cicerochamber.com](mailto:info@cicerochamber.com) and visit [cicerochamber.com](http://cicerochamber.com).

The Greater Cicero  
Chamber of Commerce  
5701 East Circle Dr. #302  
Cicero, NY 13039

## Membership fees

We have moved all members to an annual billing system for membership year 2018.

## Member only deals

A new section in the newsletter features exclusive offers from Chamber members to other Chamber members. Take advantage of this membership benefit and encourage other members to keep the money in our community.

Coming soon to an inbox near you will be a monthly email blast promoting Members Only specials. Please contact David Bellso for more information at [dbellso@twinoaksagencygroup.com](mailto:dbellso@twinoaksagencygroup.com)

## Got News?

Let us know if you or your business has any news that you would like to share with the community, maybe you're expanding or celebrating an anniversary. Let us know by emailing your information to: [dbellso@twinoaksagencygroup.com](mailto:dbellso@twinoaksagencygroup.com).

## Watch for our new referral rewards program!

## Our Board of Directors

### The Greater Cicero Chamber of Commerce Board of Directors

Carolyn Postell - President  
Randy Barnard - Chairman of the Board  
Andrew Cambria - 2nd Vice President  
Gary Cannerelli - Director  
Sharon Edick - Director  
Shari Gamlen - Director  
Brett Grandjean - Treasurer  
Danielle Hatashita - 1st Vice President  
Julie Billings- Festival Coordinator  
David Bellso- Chamber and Membership Marketing

### Board Members

Shari Gamlen  
Gary Cannerelli  
Sharon Edick  
Matt Pruitt  
Linda Lerch  
Linda Lerch - Director  
Matt Pruitt - Director  
Dan Spink - Secretary/Recording Secretary  
Jamie Jeroloman - Director  
Harris Kuhr - Director  
Cheryl Tibbits - Director  
Cheri Citro - Director  
Rick Zaccaria – Director



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### Important Community Phone Numbers

Ambulance	911	Leaves, Brush & Tree Limbs Pickup	315-699-2745
Appliance (large) Pickup	315-699-2745	Motor Vehicle NYS DMV Office	1-800-225-5368
Assessor Office	315-699-1410	Notary Public (Town Clerk's Office)	315-699-8109
Canteen	315-699-1391	Onondaga County Water Authority	315-455-7061
Cicero Post Office	315-699-5721	Tax Receiver's Office	315-699-2756
Cicero Parks & Recreation	315-699-5233	Town Clerk's Office	315-699-8109
Cicero Police Department	315-699-3677	Town Supervisor's Office	315-699-1414
Cicero Senior Center	315-452-3298	Voter Registration	315-435-3312
Dog Control	315-699-8109	Zoning/Building	315-699-2201
Emergency only	911		
Fire Department	911		
Highway Department	315-699-2745		
Justice Department	315-699-8478		



# DRIVER'S VILLAGE

Driver's Village, New York State's ONLY Automotive MegaCenter, offers the best sales and service experience in Central New York.

We offer personalized attention for each customer, as we are committed to providing a **World Class Automotive Experience** for everyone.



**Over 20 New Car Franchises**  
**100's of Pre-Owned**  
**100's of Models**  
**1000's of Vehicles**  
**...All In One Location.**



Driver's Village and our staff support the Cicero and North Syracuse communities in which we live and work.



2018 Proud Sponsor of the Cicero Community Festival

Driver's Village  
Routes 481 & 81  
5885 East Circle Drive  
Cicero NY 13039  
Shop 24/7 at [www.dvoffers.com](http://www.dvoffers.com)

# Member to Member Discounts

(Identify yourself as a Cicero Chamber Member prior to service)



\$25 off services of \$250 or more  
Call Carolyn Postell at 315-960-3218



20% OFF  
Call 315-699-4900



Free Consultation on Payroll & HR needs  
Call Matthew Grandjean 315-437-4601

## Advertising Rates

Advertise Your Business in the Chamber Newsletter

	6 Months	12 Months
Full page ad	\$300	\$500
Half page ad	\$175	\$300
Business card ad	N/A	\$200

Contact Dave Bellso: [dbellso@twinoaksagencygroup.com](mailto:dbellso@twinoaksagencygroup.com) | 315-436-4653

*Dr. Bill Pullano*  
Owner, Orion Dental  
Liverpool, NY

Pathfinder Bank is  
*My Bank.*

At Orion Dental, we pride ourselves on providing an abundance of services, while never abandoning quality. We are always about a better solution for our clients, much like that of our financial team at Pathfinder Bank. That is important to me, and why... *Pathfinder Bank is My Bank!*

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**Local. Community. Trust.**